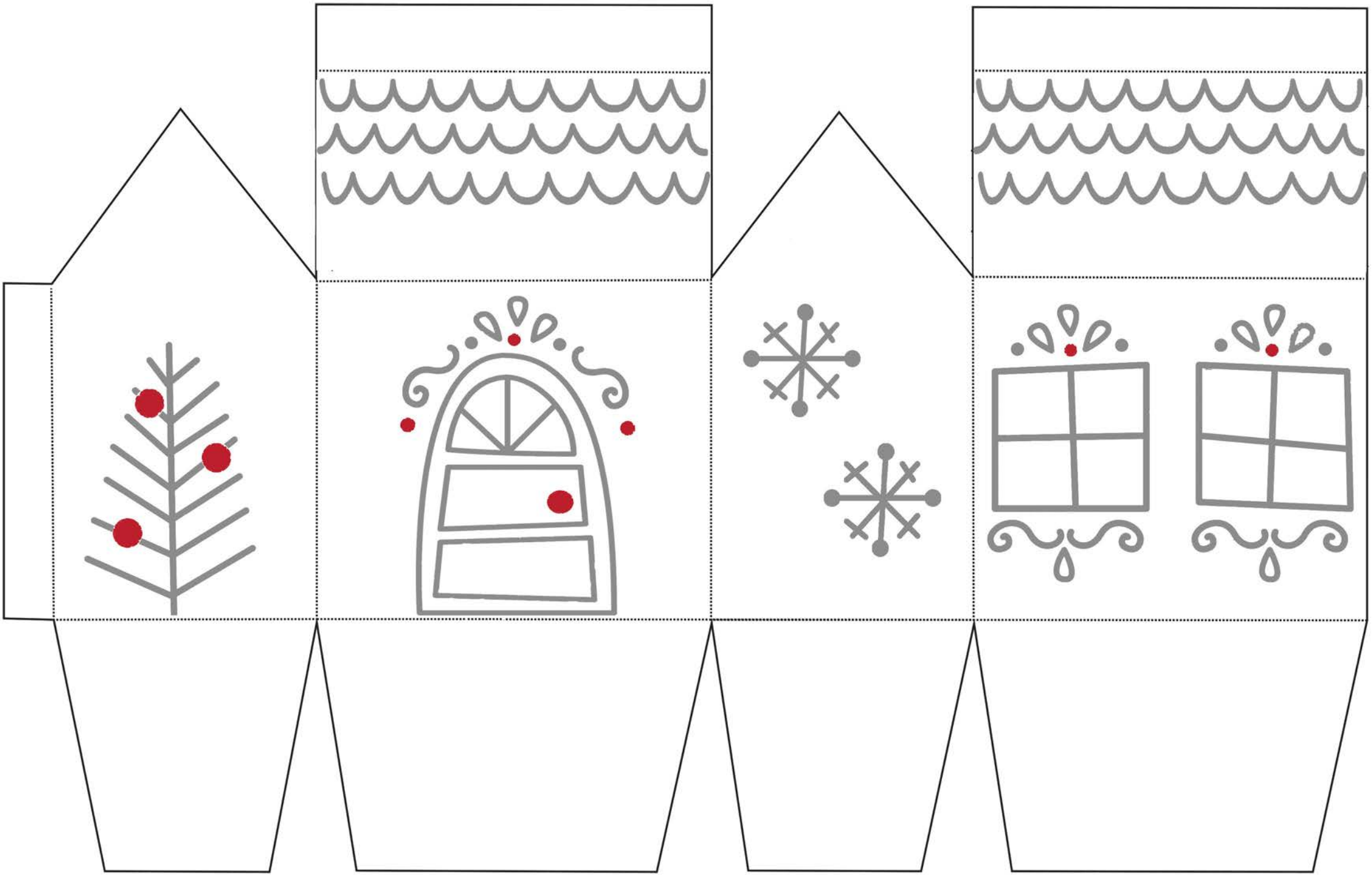dairy-free.eu